

CLUB VARTA

Issue No. 3 April - June 2025

Celebrating



G L O R I O U S Y E A R S

Honoring the Legacy, Embracing the Future.

EDITOR'S NOTE

Dear Members,

There are seasons of quiet continuity, and then there are seasons like the one just gone by, alive with purpose, rhythm, and the unmistakable signs of change. This past quarter at Hindusthan Club has not just been active—it has been expressive, confident, and full of intent. Spaces have transformed, voices have grown stronger, and the sense of momentum has been hard to miss.

From the deeply inspiring visit of Shri Ram Nath Kovind ji to the launch of new member-focused upgrades, the Club has seemed to hum with a different kind of energy—one that blends aspiration with belonging. There's been a new cadence to conversations in the corridors, a quiet pride in the way members now point out small and big improvements, and a growing sense that Hindusthan Club is finding its next rhythm.

What has perhaps been most heartening to observe is not just what is changing, but **how it's being received**. There's curiosity, participation, and above all, appreciation—for the effort behind the aesthetics, for the systems behind the scenes, and for the leadership that has dared to dream ambitiously.

As you flip through the pages ahead, you'll find glimpses of this evolving narrative—from legacy and leadership, to colour, culture, and community. And just on the horizon awaits a new chapter in the making **HC Carnival 2025**, joyful, and brimming with spirit. We hope you'll be part of the celebration.

With warm regards and best wishes,

Swati Bihani



HONY SECRETARY'S REPORT

Dear Friends,

This quarter we continue to witness a visible and transformative shift in the Club's landscape, in terms of physical infrastructure, internal operations and public image. From newly renovated spaces to refined systems, the momentum of change has been unmistakable, and it has significantly elevated the quality of experience for members.

We do acknowledge that these changes may have caused **temporary inconvenience to members**, and we sincerely thank everyone for their patience and support. Let us not forget the old adage—**"today's pain is tomorrow's gain."** The long-term benefits of these improvements are already becoming evident and will continue to unfold in the months ahead.

Driving this transformation has been the visionary leadership of our President, Shri Rishabh C. Kothari. His energy, decisiveness, and unwavering focus on excellence have redefined what's possible in a single term. The difference is not just noticeable—it's being widely appreciated by members and peers alike.

As we move into the concluding months of this tenure, the Executive Committee remains committed to this path of purposeful progress—building a Club that is not only elegant in form but efficient and future-ready in function.

Happy Clubbing.

C. S. Sarda



PRESIDENT'S MESSAGE

Respected Elders and dear friends,

Namaskar.

As this remarkable chapter of my presidency enters its final quarter, I find myself reflecting not just on what we've achieved, but on how far we've come as a community, rooted in tradition, yet constantly evolving. This journey has been one of stewardship and discovery, guided by the desire to honour our legacy while responding to changing aspirations. The renewed energy across our Club today is something we can all take pride in. It fills us with joy to hear positive words about Hindusthan Club from across the city—a testament to the quiet intent and care behind every decision and action.

This past quarter was marked by a truly historic occasion—the visit of former President of India, **Shri Ram Nath Kovind ji**. His gracious presence and inspiring address reaffirmed the Club's standing as a meaningful civic and cultural institution. For other highlights and member engagement over the past few months, I invite you to explore the pages ahead.

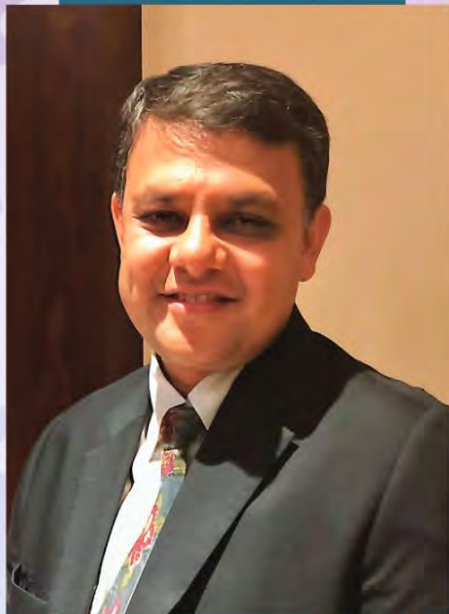
Looking forward, we stand on the threshold of an exciting season of transformation. Key among upcoming developments are the launch of our **fully renovated gym – iFit**, a brand-new **9 Ball Pool zone – Cue 9**, and an exclusive **Children's Play Area – Kidzania** on the 8th floor. The **7th floor lounge – Club 7** has been reimagined for connection and comfort, while our **Squash Court – now the Racquet Room** – is fully refurbished for high-performance play. The **Ground Floor Lobby** is being redone with a fresh, elegant look, complemented by a **dedicated entrance and two private lifts for our banquet venues**. And of course, our newly unveiled banquet, **The Legacy**—will be a proud venue for celebrations that honour both tradition and aspiration.

A defining highlight of the coming quarter is the **first-ever Hindusthan Club Carnival 2025**, a grand, week-long celebration from 26th July to 3rd August, where **eight of Kolkata's top clubs** will come together across **15 disciplines**, from competitive sport to cultural showcases. With live music, food experiences, and multi-generational participation, this promises to be a landmark in the city's social calendar.

There is much to look forward to, and it is your trust and quiet encouragement that continue to light the way. It has been an honour to carry forward this legacy, and as I prepare to pass on the baton, I do so with deep pride and complete faith that the Club will continue to grow, glow, and serve as a cherished home for all its members.

With heartfelt wishes,

Rishabh C. Kothari



BULLS, BEARS, AND BRILLIANT INSIGHTS WITH GAUTAM SHAH

Hindusthan Club had the privilege of hosting renowned market expert Mr. Gautam Shah for a high-impact session titled “Riding with the Bulls or Camping with the Bears” on 4th April 2025. With over 700 media appearances to his credit, Mr. Shah captivated a packed audience of over 200 members and guests with his astute market observations and forward-looking insights. His engaging style and sharp analysis made complex financial concepts accessible, offering members a unique opportunity to explore global trends, investment strategies, and market psychology from one of the most trusted voices in the financial world.



80 GLORIOUS YEARS: AN EVENING WITH SHRI RAM NATH KOVIND

As part of its landmark 80th year celebrations, Our Club had the distinct honor of hosting Shri Ram Nath Kovind, the 14th President of India, on the evening of April 5, 2025. The prestigious event witnessed the presence of distinguished guests, members, and dignitaries from across the city. Shri Kovind graced the occasion with an inspiring address that reflected upon the enduring values of community, culture, and service. In his speech, he acknowledged the pivotal role played by institutions like Hindusthan Club in promoting unity, tradition, and civic engagement over the decades. This momentous occasion not only honored the Club's illustrious history but also reaffirmed its commitment to community and progress for future generations.



THE NEW FACE OF SPLASH: HINDUSTHAN CLUB'S REVAMPED SWIMMING EXPERIENCE

Hindusthan Club proudly reintroduced its beautifully renovated swimming pool under its new identity SPLASH, a rejuvenated space dedicated to health, recreation, and community spirit. The upgraded pool now features state-of-the-art amenities, an ozonated water purification system (a rarity among clubs), and a well-structured schedule catering to all age groups from lap swimmers to leisure seekers. The inauguration on 6th April 2025 was met with tremendous enthusiasm as members took their first dive into a revitalized aquatic experience designed for wellness and enjoyment.



WHISK, BAKE, DELIGHT: A GOURMET AFTERNOON AT THE CLUB

The Club turned into a dessert lover's paradise on 6th April 2025 with its Bake & Cook Special, hosted in collaboration with the IIM Institute of Pastry and Culinary. Guided by expert chefs Garima and Shailja, members enjoyed a semi hands-on session crafting four elegant desserts: Tarte-O-Chocolate, Ruby Pistachio Bars, Strawberry Tiramisu, and Passionfruit Cheesecake. The workshop was as much about creative joy and sensory indulgence as it was about skill-building, leaving everyone inspired and sweetly satisfied.



THE RAMAYANA COMES ALIVE: A CULTURAL WORKSHOP FOR CHILDREN

In celebration of Ram Navami, the Club curated a special workshop that brought mythology and values to life for young minds on 6th April 2025. With storytelling, craft activities, and a heartwarming skit performed by the children themselves, the event immersed participants in the timeless teachings of Lord Rama including humility, truth, and righteousness. The initiative reflected the Club's commitment to nurturing culture and character from an early age in a fun and enriching manner.



THRIVING WITHIN: A SOCIAL EMOTIONAL LEARNING WORKSHOP

Hindusthan Club introduced a powerful and meaningful initiative on 20th April 2025 through its workshop titled "Thriving, Not Just Surviving." Designed especially for achievers, the workshop focused on emotional resilience, stress management, and the development of personal insight through engaging, hands-on exercises. Activities such as the "Wall of Self-Care" and "Emotion in Motion" encouraged self-reflection and practical application of wellness concepts. The session left participants feeling more grounded and equipped to balance ambition with emotional health, reinforcing the Club's growing focus on holistic member well-being.



FACE FORWARD: YOGA FOR RADIANCE AND REJUVENATION

On 11th April 2025, the Ladies Wing of Hindusthan Club hosted a wellness session that focused on enhancing natural beauty through facial yoga. Led by internationally certified face yoga instructor Sneha Sanganer, the session combined gentle movements, breathing techniques, and relaxation to promote skin vitality and inner calm. With glowing faces and lighter spirits, members left with practical, non-invasive tools for holistic self-care.



CARDS, STRATEGY, AND CAMARADERIE: MEGA 21-CARD RUMMY TOURNAMENT

The Mega 21-Card Rummy Tournament held on 20th April 2025 saw over 100 players, including both Club members and their guests, come together for an evening filled with fun, competition, and strategic play. The air was thick with anticipation as players navigated multiple rounds of this beloved card game, each bringing their own blend of skill and instinct. The atmosphere was electric, with friendly rivalry adding to the enjoyment. Winners walked away with attractive prizes, but every participant left with fond memories of an event that brought people together through classic entertainment.



SINGING OUR HEARTS OUT: KARAOKE NIGHT

The Club turned into a stage of joyful expression on 24th April 2025 as members embraced the mic for a lively Karaoke Night. With an eclectic mix of retro classics, romantic duets, and high-energy anthems, the event saw spontaneous performances, cheerful singalongs, and an abundance of laughter. Members of all ages participated wholeheartedly, turning the evening into an impromptu celebration of music and community spirit. The informal and inclusive nature of Karaoke Night once again proved how simple joys create the most memorable Club moments.





MELODY & MEMORY: INTRA-CLUB ANTAKSHARI

On 27th April 2025, Hindusthan Club transformed into a nostalgic musical arena as twelve energetic teams participated in the Intra-Club Antakshari. The event saw spirited rounds of Bollywood classics, retro tunes, and contemporary chartbusters, with teams singing, guessing, and bantering with great zeal. The joy was infectious, the atmosphere electric, and the sense of togetherness unmistakable. It was an evening where music bridged generations, laughter echoed across tables, and melodies turned into cherished memories.



PROACTIVE WELLNESS: KIDNEY HEALTH AWARENESS SESSION

On 19th April 2025, Hindusthan Club hosted a vital Health Awareness Session with renowned medical expert Dr. Lalit Agarwal, focusing on the importance of preventive care, particularly for kidney health. Dr. Agarwal spoke candidly about common causes of kidney ailments such as diabetes, hypertension, dehydration, and unhealthy dietary habits. The session emphasized early detection and simple but effective lifestyle changes that can help maintain long-term health. His clear explanations and practical tips struck a chord with the audience, empowering members to adopt small changes for significant health benefits.



NEW HORIZONS IN HEALING: SEMINAR BY DR. RAJIV PARIKH

On 3rd May 2025, the Club hosted an illuminating seminar by Dr. Rajiv Parikh on non-surgical breakthroughs in knee and prostate treatments. With clarity and conviction, Dr. Parikh presented the latest in regenerative therapies, early diagnostics, and minimally invasive alternatives to traditional surgeries. His presentation was not only informative but also empowering, helping members better understand options that prioritize recovery and comfort. The event stood out for blending medical innovation with practical knowledge, reinforcing the Club's commitment to wellness education.



MARKET MANTRA: A FIRESIDE CHAT WITH ANIL SINGHVI

On 24th May 2025, Hindusthan Club had the honour of hosting Shri Anil Singhvi, the Managing Editor of Zee Business, for a power-packed session filled with sharp economic insights and practical market wisdom. With his signature clarity and infectious energy, Mr. Singhvi shared his thoughts on India's financial landscape, investor behaviour, and macroeconomic trends. His candid style kept the audience thoroughly engaged, making the session both enlightening and inspiring. The presence of such a respected voice from the world of finance reaffirmed the Club's dedication to curating intellectually rich experiences for its members.



ZERO TO ONE — IGNITING THE START-UP SPARK

On 24th May 2025, Hindusthan Club hosted an insightful session titled “Zero to One – The Start-Up Story Begins”, led by CS Anil Kumar Dubey, a seasoned expert in corporate law and business strategy. With clarity and passion, Mr. Dubey unraveled the nuances of the start-up ecosystem—from idea validation and business structuring to funding rounds and valuation models. Drawing from real-life experiences and professional expertise, he made the world of entrepreneurship both relatable and inspiring, equipping aspiring founders and curious minds with a roadmap to turn vision into venture.



HOW TRADITIONAL TREATS ARE PLAYING TRICKS BY RAHUL JAIN

On 10th May 2025, club members gathered for a thought-provoking session titled **“How Traditional Treats Are Playing Tricks on Our Hearts”** with renowned physician Dr. Rahul Jain, Consultant of Internal Medicine and Physician to the Governor of West Bengal. With warmth and clarity, Dr. Jain shed light on how our favorite traditional foods, though delicious, may be silently impacting heart health. The session offered eye-opening insights and practical tips to enjoy these treats more mindfully, leaving everyone inspired to care for their hearts without compromising on cultural flavors.



LITTLE STARS, BIG SMILES: LADIES WING SUMMER KIDS CAMP

From 26th to 29th May 2025, the Ladies Wing hosted a vibrant Summer Camp that brought joy and learning to over 50 enthusiastic children. The four-day program brimmed with creative workshops, playful challenges, and engaging group activities, designed to nurture imagination, cooperation, and confidence. Children formed new friendships, discovered hidden talents, and ended each day with beaming smiles and eager stories. The camp not only kept young minds active during summer but also strengthened the Club's community spirit across generations.



BEAUTY AND CARE: FREE SKIN & HAIR CONSULTATION CAMP

On 24th June 2025, the Ladies Wing organized a highly appreciated Skin and Hair Consultation Camp featuring leading dermatologist Dr. Reema Das Mallik. With over 50 ladies attending, the session was both informative and engaging, offering expert tips tailored to individual concerns. From skincare routines to hair health advice, Dr. Mallik's practical approach and personal attention ensured that every participant took home actionable insights and renewed confidence.



LEGACY AND LEADERSHIP: PAST PRESIDENTS' FELICITATION DINNER

On the evening of 20th June 2025, Hindusthan Club hosted a heartfelt Meet & Greet exclusively for its Past Presidents, in recognition of their invaluable contributions to the Club's legacy. Held at the Lansdowne Banquet, the evening was marked by warmth, respect, and a deep sense of continuity. The current Executive Committee, led by President Shri Rishabh C. Kothari, welcomed the distinguished Past Presidents and shared an overview of the recent developmental milestones, initiatives undertaken, and the Club's evolving vision for the future. Each Past President graciously addressed the gathering, offering insights, blessings, and thoughtful reflections. Their unanimous appreciation for the transformational leadership of Mr. Rishabh C. Kothari and the commendable work carried out by the present Committee added great meaning to the evening. The event not only honoured the custodians of the Club's rich legacy but also reaffirmed the spirit of unity and shared purpose that continues to guide Hindusthan Club forward.





MONEY MASTERS IN THE MAKING: FINANCIAL LEARNING CAMP FOR CHILDREN



From 5th to 7th June 2025, Hindusthan Club, in collaboration with Stockwave, conducted a highly successful Financial Learning Camp for children aged 9 to 17. With over 40 participants, the program focused on core money management concepts including saving, budgeting, and understanding how global markets affect everyday life. Through real-life scenarios, storytelling, and interactive games, the children learned foundational financial skills in a fun and engaging manner. The event not only emphasized financial literacy but also gave the next generation of members the confidence to make informed choices about money in the future.



WAVES OF WELLNESS — A TRANSFORMATIVE SOUND BATH EXPERIENCE

On 18th May 2025, Hindusthan Club curated a deeply immersive Sound Bath Experience designed to promote holistic well-being through the therapeutic resonance of sound. Participants were enveloped in the soothing vibrations of crystal bowls, gongs, and harmonic instruments, which gently guided them into a meditative state of calm and clarity. This unique session served as a sanctuary for stress relief, energy renewal, and creative rejuvenation, offering members a serene escape into inner stillness and mindfulness.



FROM CHAOS TO CLARITY: WOMEN'S WELLNESS WITH DR. RAJEEV AGARWAL

Also on 21st June 2025, Hindusthan Club hosted an insightful seminar titled "Chaos to Clarity: What Every Woman Should Know" by renowned healthcare expert Dr. Rajeev Agarwal. The event focused on women's health and hormonal wellness, offering guidance on lifestyle choices, early detection of health issues, and preventive care. The seminar was not only educational but empowering, creating space for candid conversations and awareness. The thoughtful participation and positive energy made it a meaningful afternoon for all in attendance.



MAKING A SPLASH: INTRA-CLUB SWIMMING COMPETITION

Held on 22nd June 2025, the much-awaited Intra-Club Swimming Competition turned the Club's newly renovated pool into a lively arena of cheers, strokes, and splashes. With over 100 participants ranging from children to seniors, and more than 30 races across styles and age groups, the event was a vibrant celebration of fitness and friendly rivalry. The poolside buzzed with support from families and fellow members as competitors gave their all, turning the event into a day of energy, excitement, and community joy.



BRAINS & BANTER: BHEJA FRY HITS ALL THE RIGHT NOTES

On 22nd June 2025, Hindusthan Club's popular quiz-style event Bheja Fry returned with high-octane excitement and intellectual challenge. Fourteen teams battled it out over rounds of contemporary knowledge, digital trends, and quirky trivia, creating an atmosphere that was both mentally stimulating and thoroughly entertaining. The event drew a diverse crowd of curious minds and supportive spectators, making it one of the most talked-about interactive evenings of the quarter. With smart gameplay and enthusiastic banter, Bheja Fry once again lived up to its name and left everyone wanting more.



HCBN LAUNCH: BUSINESS, BONDS AND BIG IDEAS

The Hindusthan Club Business Network (HCBN) was ceremoniously launched on 25th June 2025, ushering in a new chapter of professional collaboration within the Club community. Spearheaded by the Member Relation Sub-Committee and inaugurated in the presence of 150 founding members, HCBN aims to build a vibrant platform for knowledge sharing, strategic partnerships, and meaningful networking across industries. The event witnessed dynamic conversations and enthusiastic participation, with members discussing ways to support each other's ventures and grow together. The launch marked a shift towards deeper professional engagement and mutual value creation within the Club. With strong leadership, a collaborative mindset, and a structured approach, HCBN has already laid a promising foundation for long-term business synergy.



HEARTFULNESS MEDITATION WORKSHOP: A JOURNEY INWARD

A three-day Heartfulness Meditation Workshop was conducted at Hindusthan Club between 11th and 13th April, drawing enthusiastic participation from members across all age groups. Conducted by trained Heartfulness volunteers, the workshop introduced members to the art of heart-based meditation — a method rooted in simplicity, silence, and connection with the self. The serene and welcoming environment created the perfect setting for inner reflection and personal growth. The workshop was extremely well-received, with many members sharing how the experience left them feeling calmer, more centered, and deeply rejuvenated. Participants appreciated the practicality of the techniques and the gentle yet profound approach of Heartfulness. The resounding feedback reflected a growing interest in such wellness-focused initiatives, and several members expressed their desire for regular sessions going forward. The success of this event underscored the Club's commitment to promoting not just physical activity but also emotional and spiritual well-being among its members.



BREATHING IN WELLNESS: INTERNATIONAL YOGA DAY AT THE CLUB

On 21st June 2025, Hindusthan Club celebrated International Yoga Day with a rejuvenating group session that brought together members across age groups in the pursuit of inner and outer well-being. The morning was filled with mindful movement, focused breathing, and a shared sense of calm as the session highlighted yoga's timeless relevance in nurturing flexibility, clarity, and vitality. The practice concluded with a sense of gratitude and renewed energy, reinforcing the Club's commitment to holistic health.



DESIGNING WITH FLAIR — A CREATIVE WORKSHOP FOR THE LADIES WING

On 9th May 2025, Hindusthan Club's Ladies Wing gathered for an inspiring and hands-on seminar on graphic design, conducted by the talented Aditi Jhunjhunwala. The session, held at the Club premises, offered attendees a deep dive into the world of digital design, with a special focus on Canva as a powerful tool for visual expression. Aditi walked participants through her creative process, discussing everything from conceptualization and color palettes to typography and layout aesthetics. The event celebrated creativity and empowered participants to communicate their ideas with clarity and artistic flair.



TITANIUM FOR DIAMONDS: INSIGHTS IN ORAL HEALTH BY DR. KAMLESH KOTHARI

On 8th May 2025, the Club was pleased to welcome eminent Facio-Maxillary Surgeon and Implantologist Dr. Kamlesh Kothari for a compelling session titled "Titanium for Diamonds." In a captivating presentation, Dr. Kothari delved into the cutting-edge world of dental and facial implants, discussing how titanium technology is transforming the way oral health and aesthetics are approached. The event offered a fresh perspective on medical advancements that are both functional and life-enhancing, leaving attendees better informed and deeply impressed.



ON THE COURT: INTRA-CLUB SQUASH TOURNAMENT

The squash courts at Hindusthan Club were alive with excitement and adrenaline as members competed in the Intra-Club Squash Singles Tournament held on 19th and 20th April 2025. With enthusiastic participation across various age categories and skill levels, the tournament offered a dynamic display of agility, focus, and sportsmanship. Members not only competed fiercely but also cheered on fellow players with great enthusiasm, creating an electrifying yet respectful atmosphere. This well-received event reaffirmed the Club's emphasis on active living and provided an ideal platform for building friendships through sport.



GUFTAGU: A LITERARY SOIRÉE WITH SUPRIYA NEWAR

Hindusthan Club was delighted to host acclaimed poet and author Supriya Newar for a literary evening titled Guftagu on 31st May 2025. With her evocative language and thoughtful storytelling, Supriya led members on a journey through memory, meaning, and emotion. The gathering was reflective, soulful, and deeply moving, resonating with literature lovers across ages. It was a rare blend of art and introspection, showcasing the power of words to connect hearts and spark dialogue.



HINDUSTHAN CLUB KEY CONTACTS & NAME

SUB COMMITTEE	CHAIRPERSON	LANDLINE NO	MOBILE NO
CLUB RECEPTION	Beauty Bhattacharjee	033 40175555	
	Anita Mitra Roy	033 40175512	
CLUB WHATSAPP NO			9051286131
FACILITY IN-CHARGE	Sanjay Banerjee	033 40175513	8240832976
ACCOUNTS	R. K. Agarwal	033 40175508	9830069246
ADMIN	Arijit Mahapatra	033 40175507	9147732078
OFFICE SECRETARY & MEMBERSHIP	Nikhilesh Bhattacharya	033 40175511	8335096316
GUEST ROOM BOOKING	Subho Ghosh	033 40175588	9831722551
	Manoj Das	033 40175588	9147732080
PARCEL	Ripan Barik	033 40175515	9147732076
	Bijay Pandit	033 40175516	7501828447
HOME DELIVERY	Sadhan Das		6291734241
PARTY BOOKING	Bharat Das	033 40175514	9831095953
	Santosh Paswan	033 40175514	7003991288
RESTAURANT (6TH FLOOR)	Susanta Barick	033 40175523	7044987053
	Umesh Rajak	033 40175524	7003597845
SPORTS IN-CHARGE	Nabanita Das	033 40175519	8910343290



"A legacy is not just what we inherit—it's what we build upon.
As we celebrate 80 glorious years, may we continue to walk with
pride in our past and purpose in our future, turning tradition into a
launchpad for tomorrow."

- **Rishabh C. Kothari**



Hindusthan Club Limited

4/1, Sarat Bose Road, Kolkata - 700020

Phone No. 40175555/5512

www.hindusthanclub.com

admin@hindusthanclub.com

Facebook: [HindusthanClub Admin](#)

Instagram: [hindusthanclub](#)



Instagram



Facebook